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## [ hot tip ]

Pack your walking shoes: the trek to the top of *Mt Gower*, rising 875m above sea level, is considered one of the world's best day walks. Stretching 14km, it's not for the faint-hearted, but the *awe-inspiring views* will take you to a new, um, high.



## Destination: LORD HOWE ISLAND

**WHERE IS IT?** Approximately 600km north-east of Sydney, about a two-hour flight from both Sydney and Brisbane.

### BOOK YOUR TICKET

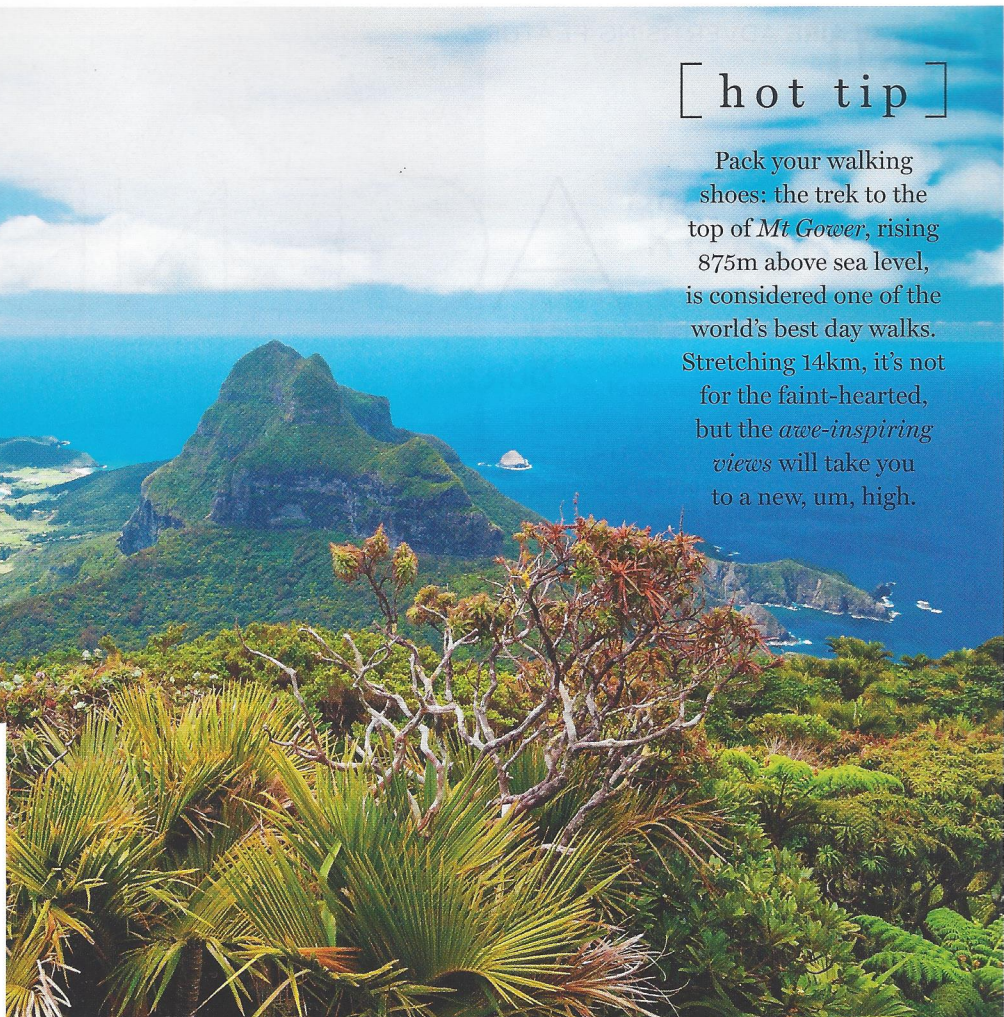
**BECAUSE ...** We had it all to our lucky, lucky selves, but Blake Lively has blown the lid on this too-beautiful-for-words, coral-fringed island. She, Ryan Reynolds and their daughter, James, lapped up the footprint-free beaches in November while she strutted her phenomenal post-baby bod for shark thriller, *The Shallows*. Safe to say word is out. Globally. But thankfully, only 400 visitors are accepted on to this World Heritage-listed utopia at any one time, ensuring gems like Herring Pools, where shimmering fish, turtles and stingrays frolic, remain largely untouched.

### PERFECT IF YOU LIKE ...

A back-to-nature escape from the every day. The island is largely car-free (bikes are the go) and doors are rarely locked.

**DON'T MISS:** Yoga-pro Charlotte Dodson – aka the woman responsible for Miranda Kerr's toned thighs and flat tum – is holding week-long wellness classes in May, September and November 2016 at Pinetrees Lodge. A recent revamp of the hotel, plus its waterfront sunset drinks, has cemented Pinetrees as the ideal base in paradise. Hit up [pinetrees.com.au](http://pinetrees.com.au) for info.

**BUDGET:** ★★★▷



### NATURAL WONDER

Pinetrees Lodge (pictured here) is the perfect post from which to discover the island's spectacular scenery (above) and marine life (below).

