# DAY SPA

Our luxury massage treatments use Pure Fiji products made with sustainably wild harvested ingredients blended with the premium botanical bases. Pure Fiji products don't contain sulphates, parabens or mineral oils.

## relaxation massage

A relaxing full-body massage to calm your body, increase your circulation and gently melt away muscle aches and pains. This massage will soothe the nervous system into a deep sense of relaxation. You may need a siesta afterwards and when you wake up, you'll be ready to enjoy the best of Lord Howe.

60 min \$140

#### back, neck and shoulders

A relaxing massage that removes tension from your back, neck and shoulders. You've probably been carrying that tension around for some time. We're here to help!

30 min \$100 60 min \$140

## hiker's massage

A deep-tissue massage that focuses on your back, neck and legs. This is a great choice if you're feeling sore after climbing steep hills. We know how you feel and we'll get you back on the track to explore the rest of Lord Howe.

60 min \$140

# dry deep-tissue massage

A powerful deep-tissue massage without oil, tailored to your individual needs and designed to alleviate deep-seated tension. This massage is combined with Chinese techniques and will remove aches and pains in ways you've never dreamt of. We promise!

30 min \$100 60 min \$140

#### hot stone massage

A relaxing full-body massage incorporating the gentle use of volcanic stones to melt away muscle aches and pains. The warmth of the stones penetrates your muscles to soothe aches and pains; helping you unwind and feel rejuvenated.

60 min \$160

## body exfoliation

A deeply moisturizing experience for your whole body with a full-body exfoliation followed by the application of a soft moisturizer. Your skin will feel re-charged, super-soft, supple and smooth.

30 min (Back) \$100 60 min (Full body) \$140

# rejuvenating facial

Revitalize your skin with our facial treatment featuring a deep cleanse, gentle exfoliation, nourishing mask and indulgent head and face massage. This experience will relax your body and mind and leaves you feeling refreshed and pampered.

45 min \$130